

Claire Seabrook, *Well-being From Within* & Kathryn Buxton, *Spacious-Mind Meditation*

## Hellens Manor Residential Weekend Meditation Retreat 16 - 18 October 2020

### Payment options

Please note, this retreat is residential only. We are unable to accept bookings without accommodation.

#### EARLY-BIRD OFFER

Deposit (non-returnable)	£50
+	
Balance by 25 June 2020	£347

*or*

Full payment by 25 June 2020	£397
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#### STAGED PAYMENT OPTION

Deposit (non-returnable)	£50
+	
4 payments by standing order:	
25 March 2020	£86.75
25 April 2020	£86.75
25 May 2020	£86.75
25 June 2020	£86.75

TOTAL	£397
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If you choose the staged payment option, please note that you will need to set up a standing order for payments on the dates specified above. Please indicate on the contact form that you would like staged payments, and details of account number and sort code will be sent to you.

#### STANDARD PRICE

Deposit (non-returnable)	£50
+	
Balance by 21 September	£385

*or*

Full payment by 21 September	£435
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#### ROOM SUPPLEMENT

Double room ensuite, single occupancy £35

## Terms and Conditions

1. All fees are due one month prior to the start of the Retreat, ie Friday 18 September 2020.
2. A £50 *non-refundable* deposit secures your place on the Retreat. On receipt of your deposit we will send you an invoice for the balance due, including any room supplement you have opted for. Also included will be instructions for paying the balance by BACS or cheque.
3. To benefit from the Early-Bird offer, payment must be made in full by 25 June 2020, Staged payments must also be completed by 25 June 2020.
4. On expiry of the Early-Bird offer (ie from 26 June 2020) the Retreat will be charged at the standard price, including any balance outstanding, regardless of the date you paid the deposit.
5. You may cancel your booking at any time, providing that the cancellation is made by the person who made the booking and is notified to us in writing. Cancellation will take effect the day we receive your notification. Please note that any refund will be minus the deposit. If you cancel within less than 30 days before the start of the Retreat, we will retain 100% of the cost of the retreat. However, if another person can be found to take your place, then we may offer you a 50% refund at our discretion.
6. We reserve the right in any circumstances to cancel a retreat, in which case we will offer a full refund of all monies paid within 10 working days. In particular, our retreats require a minimum number of participants in order to go ahead. If this minimum number is not reached by one month prior to the start of the Retreat (ie 18 September 2020), we may cancel and refund the money to you.
7. It is your responsibility to ensure that you are medically and physically fit and able to use our facilities and participate in meditation. If you have injuries or illnesses you are advised to seek your doctor's advice before booking.
8. Please be aware that we are not liable for any loss, damage, injury or illnesses which may occur during your stay.